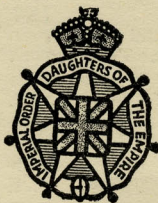


**Knitting Instructions**  
*for*  
**Field Comforts**



**Imperial Order**  
**Daughters of the Empire**

**National War Service Committee**  
**182 Lowther Avenue**  
**TORONTO**

**5c**



# Knitting Instructions for Field Comforts

**ABBREVIATIONS:** K=knit. P=purl. tog.=together. st.=stitch. sts.=stitches. p.s.s.o.=pass slipped stitch over knit stitch.

To Increase 1 st.: knit into the front and then into the back of the stitch before slipping it from the left-hand needle.

## Plain Heavy Weight Sock

with single heel and round toe

Very easy to make

**MATERIALS:** 7 ozs. heavy 4-ply wool. 1 set of 4 No. 11 Needles. (for tight knitters, No. 10 Needles, for loose knitters, No. 12 Needles).

**SIZE:** 11

Tension:  $6\frac{1}{2}$  sts.=1 inch

Cast 60 sts. on 3 needles loosely (20.20.20). (top of sock must stretch to  $7\frac{1}{2}$  inches measured double).

**1st round:** \*K2. P2. Repeat from \* to end of round. Repeat this round for 4 inches, then knit plain until sock measures 11 inches from beginning.

**TO MAKE HEEL:** K28 sts. and slip them on to one needle for heel. Turn. (Divide remaining 32 sts. on to 2 needles and leave for instep). Working on the 28 heel sts. proceed:—

**1st row:** Slip first st. P27. Turn.

**2nd row:** Slip first st. Knit to end of row. Turn.

Repeat these 2 rows 11 times. (24 rows in all).

**TO TURN HEEL:** With purl side of heel facing you, slip 1.P14. P2tog. P1. Turn. Slip 1. K3. Slip 1. K1. p.s.s.o. K1. (p.s.s.o. means pass slipped st. over the knit st. and off right-hand needle).

Turn. Slip 1. P4. P2together. P1.

“ Slip 1. K5. Slip 1. K1. p.s.s.o. K1

“ Slip 1. P6. P2tog. P1.

“ Slip 1. K7. Slip 1. K1. p.s.s.o. K1.

“ Slip 1. P8. P2tog. P1.

“ Slip 1. K9. Slip 1. K1. p.s.s.o. K1.

“ Slip 1. P10. P2tog. P1.

“ Slip 1. K11. Slip 1. K1. p.s.s.o. K1.

“ Slip 1. P12. P2tog. P1.

“ Slip 1. K13. Slip 1. K1. p.s.s.o. K1.

(16 sts. on needle).

**TO SHAPE INSTEP:** Pick up and knit 13 sts. from side of heel on to needle with the 16 heel sts. K2 sts. off front (or instep) needle onto same needle. With a 2nd needle K28 sts. off front needle. With a 3rd needle knit remain-

ing 2 sts. and pick up and knit 13 sts. on other side of heel. Knit 8 sts. from first needle on to 3rd needle. (23-28-23).

**1st round:** First needle: Knit until 3 sts. remain. K2tog. K1. 2nd needle (front needle): Knit plain. 3rd needle: K1. Slip 1. K1. p.s.s.o. Knit to end of needle.

**2nd round:** Knit plain.

Repeat these 2 rounds until 56 sts. remain. (14 sts. on first needle, 28 sts. on 2nd and 14 sts. on 3rd). Continue in plain knitting until foot of sock measures  $8\frac{1}{2}$  inches from back of heel.

**TO SHAPE TOE:**

**1st round:** Beginning with first needle \*K5. K2together. Repeat from \* to end of round.

Knit 5 rounds plain.

**7th round:** Beginning with first needle, \*K4. K2tog. Repeat from \* to end of round.

Knit 4 rounds plain.

**12th round:** Beginning with first needle, \*K3. K2tog. Repeat from \* to end of round.

Knit 3 rounds plain.

**16th round:** Beginning with first needle, \*K2. K2tog. Repeat from \* to end of round.

Knit 2 rounds plain.

**19th round:** Beginning with first needle, \*K1. K2tog. Repeat from \* to end of round.

Knit 1 round plain.

K the 4 sts. from first needle and slip them on to the 3rd needle, thus making 8 sts. on front needle and 8 sts. on back needle. Break wool, leaving an end 12 inches long.

**TO GRAFT TOE WITH KNITTING NEEDLES:** With front of sock facing you, carry wool under needles to \*front needle: Purl first st., pull wool through this st. and drop this st. off needle. Knit next st., pull wool through this st. and leave this st. on needle. Carry wool under needles to back needle. Knit first st., pull wool through and drop st. off needle. Purl next st., pull wool through and leave this st. on needle. Carry wool under and forward to front needle and repeat from \* until all sts. have been worked off both needles. Darn remaining wool down side of foot AWAY from toe.

**TO GRAFT TOE WITH DARNING NEEDLE:** See “To Graft toe” for Heavy Duty Sock, page 3.



## Heavy Duty Sock

with double heel and flat toe

(Courtesy of Lever Brothers Limited,  
makers of Lux)

**MATERIALS:** 7 ozs. heavy 4-ply Scotch fingering wool. 1 set of 4 No. 11 Needles.

**SIZE:** 10-12 inch foot.

**Tension:** 6½ sts.—1 inch.

Cast 60 sts. on 3 needles loosely (20.20.20).

**1st round:** (Mark beginning of first round with a coloured thread). \*K2. P2. Repeat from \* to end of round.

Repeat this round until sock measures 4 inches.

Knit plain until sock measures 6½ inches.

### TO SHAPE LEG:

**1st round:** K1. K2tog. Knit until 2 sts. remain on 3rd needle. Slip 1. K1. p.s.s.o. Knit 12 rounds even.

**14th round:** Same as 1st round.

Repeat last 13 rounds once. (54 sts.).

Knit plain until sock measures 11 inches. End with a completed round.

### TO MAKE HEEL:

**First row:** K14. Slip last 13 sts. from previous round on to other end of this needle. (heel, 27 sts.). Divide remaining 27 sts. on to 2 needles and leave for instep.

**2nd row:** K1. P25. K1.

**3rd row:** K1. \*Slip 1 without tightening wool behind slipped stitch. K1. Repeat from \* to end of row.

Repeat last 2 rows 13 times.

### TO TURN HEEL:

**1st row:** K1. P14. P2tog. P1. Turn.

**2nd row:** Slip 1. K4. Slip 1. K1. p.s.s.o. K1. Turn.

**3rd row:** Slip 1. P5. P2tog. P1. Turn.

**4th row:** Slip 1. K6. Slip 1. K1. p.s.s.o. K1. Turn.

**5th row:** Slip 1. P7. P2tog. P1. Turn.

**6th row:** Slip 1. K8. Slip 1. K1. p.s.s.o. K1. Turn.

**7th row:** Slip 1. P9. P2tog. P1. Turn.

**8th row:** Slip 1. K10. Slip 1. K1. p.s.s.o. K1. Turn.

**9th row:** Slip 1. P11. P2tog. P1. Turn.

**10th row:** Slip 1. K12. Slip 1. K1. p.s.s.o. K1. Turn.

**11th row:** Slip 1. P13. P2tog. Turn.

**12th row:** Slip 1. K13. Slip 1. K1. p.s.s.o. (15 sts.). Divide these stitches on to 2 needles (7-8).

### TO SHAPE INSTEP:

**1st round:** Slip the 27 instep sts. on to one needle. First needle: Pick up and knit 15 sts. from side of heel on to

needle with 7 sts. inserting point of needle through each little "knot". 2nd needle: Knit the 27 instep sts. 3rd needle: Pick up and knit 15 sts. from other side of heel and knit the remaining 8 sts. from heel (22-27-23).

**2nd round:** Knit plain.

**3rd round:** First needle: Knit until 3 sts. remain. K2tog. K1. 2nd needle: K27. 3rd needle: K1. Slip 1. K1. p.s.s.o. Knit to end of needle.

Repeat last 2 rounds until 54 sts. remain (13-27-14).

Knit plain until foot measures 7½ inches from where the sts. were picked up at side of heel for size 11 sock. (6½ inches for size 10 and 8½ inches for size 12). End with a completed round.

### TO SHAPE TOE:

**1st round:** First needle: Knit until 3 sts. remain. K2tog. K1. 2nd needle: K1. Slip 1. K1. p.s.s.o. Knit until 3 sts. remain. K2tog. K1. 3rd needle: K1. Slip 1. K1. p.s.s.o. Knit to end of needle.

**2nd round:** Knit plain.

Repeat these 2 rounds until 22 sts. remain. Knit the 5 sts. from first needle and slip them on to 3rd needle.

**TO GRAFT TOE:** Break wool, leaving an end 12 inches long. Thread into a darning needle. With thread at right hand, \*insert point of darning needle, as if to knit, into first st. of front needle; draw it through and slip this st. off needle. Insert darning needle, as if to purl, into next st. on front needle; draw wool through and leave this st. on needle. Carrying wool back under needle, insert darning needle, as if to purl, into first st. of back needle; draw it through and slip this st. off needle. Insert darning needle, as if to knit, into next st. of back needle, draw it through and leave this st. on needle. Carry wool forward under needle and repeat from \* until all sts. are worked off. Darn end of thread down side of toe. Be sure no welts formed on toe or heel.

### Seaman's Stockings

with double heel and flat toe.

(Courtesy of Patons & Baldwins Limited).

**MATERIALS:** P & B Superior Double Knitting, 8 ozs. Or Patons & Baldwins' 4-ply Excelsior Scotch Fingering, 8 ozs. Set of 4 No. 11 Knitting Needles (points at both ends).

If Working with Wheeling Yarn, use No. 9 Needles and 9 ozs. wool.



**MEASUREMENTS:** Length of leg to bottom of heel, 18½ ins. Length of foot, 11½ to 13 ins. Tops, 10½ ins. double. Tension: 6½ sts.=1 inch.

Cast on 64 sts. (20.20.24). Work 13 inches ribbing (K2. P2). \*\*Keeping the 2 last sts. on the 3rd needle for seam, decrease 1 st. at beginning of 1st needle and 1 st. in the last 2 knit sts. on 3rd needle. Work 5 rounds even in ribbing between decreases. Continue decreasing in this manner to 56 sts. in round.

**TO MAKE HEEL:** Divide sts. (having 2 seam sts. for centre) as follows: Put 28 sts. onto 2 needles and leave for instep leaving 28 sts. on one needle for heel. With wrong side of work facing, proceed: 1st row: K1. Purl to last st. K1. 2nd row: \*K1. Slip 1. Repeat from \* to last 2 sts. K2. Repeat these 2 rows 13 times. (approx. 2½ inches).

**TO SHAPE HEEL:** K1. P14. P2tog. P1. Turn. K4. Slip 1. K1. pass slipped st. over. K1. Turn. P5. P2tog. P1. Turn. Continue in this manner, having 1 more st. every row until all sts. are worked onto one needle. Slip instep sts. onto 2nd needle. Divide heel sts. evenly on 1st and 3rd needles. Pick up and knit 14 sts. at right side of heel. Work in ribbing across instep sts. Pick up and knit 14 sts. at other side of heel. Keeping instep sts. in ribbing and heel sts. in Stocking st. work 1 round even. Decrease in next round by knitting together 1 st. from picked up sts. with 1 st. from the instep sts. Rib across the instep sts. to last st. Slip 1. K1 from heel sts. pass slipped st. over. Knit to end of round. Continue working in this manner, dec. 1 st. every alternate round until there are 56 sts. in round. Continue even until foot measures 7 ins. from picked up sts.

7½ ins. for size 12  
8 ins. for size 12½  
8½ ins. for size 13

**TO SHAPE TOE:** 1st round: 1st needle: Knit to last 3 sts. K2tog. K1. 2nd needle: K1. K2tog. through back of loops. Knit to last 3 sts. K2tog. K1. 3rd needle: K1. K2tog. through back of loops. Knit to end of round. Knit 2 rounds even. Repeat these 3 rounds to 28 sts. in round. Slip sts. from 1st to 3rd needle. Graft toe.

**TO GRAFT TOE WITH KNITTING NEEDLES:** See "To Graft toe" for Plain Heavy Sock, page 2.

**TO GRAFT TOE WITH DARNING NEEDLE:** See "To Graft toe" for Heavy Duty Sock, page 3.

## Seaman's Long Stockings with double heel and flat toe. (Courtesy of Patons & Baldwins Limited).

These Stockings are worn over regular Socks and should be loosely ribbed at the top to allow the Stocking to be drawn over the trousers.

**MATERIALS:** P & B Superior Double Knitting. 12 ozs. Grey, or Patons & Baldwins 4-ply Excelsior Scotch Fingering 14 ozs. Grey. Set of 4 No. 10 and set of 4 No. 9 Knitting Needles. (points at both ends).

If Working with Wheeling Yarn, use No. 9 and No. 8 Needles and 14 ozs. wool.

**MEASUREMENTS:** Length of leg to bottom of heel, 26 ins. Length of foot, 11½ to 13 ins.

Tension: 6 sts.=1 inch with No. 10 needles (No. 9 for Wheeling yarn) measured over Stocking st.

With No. 9 needles cast on 84 sts. (28. 28.28). 1st round: \*(K2. P3) 3 times. (K3. P3). Repeat from \* 3 times. Repeat first round for 2 ins.

First decreasing round: \*(K2. P3) 3 times. K1. K2tog. P3. Repeat from \* 3 times. (80 sts. in round). Next round: \*K2. P3. Repeat from \* to end of round. Repeat last round for 2 inches.

2nd decreasing round: \*K2, P1. P2tog. K2, P3. Repeat from \* 7 times. (72 sts. in round). Next round: \*K2. P2. K2. P3. Repeat from \* 7 times. Repeat last round for 2 inches.

3rd decreasing round: \*K2. P2. K2. P1. P2tog. Repeat from \* 7 times. (64 sts. in round). Next round: \*K2. P2. Repeat from \* to end of round. Repeat last round until work measures 7½ ins. from beginning. Change to No. 10 needles. Continue in ribbing (K2. P2) until work measures 20½ inches from beginning.

Work remainder of Stocking as given from \*\* in Seaman's Stocking, page —.

## Crew Neck Sleeveless Pullover (Assistance of editor of Lux knitting book)

**MATERIALS:** 10 ozs. double knitting wool, or heavy 4-ply. 1 pr. No. 8 Needles. (for tight knitters, No. 7 Needles).

Tension: 5 sts.=1 inch. Beginning at lower edge of Back cast on 88 sts.

\*\*1st row: K4. \*K2. P2. Repeat from \* to last 4 sts. K4.



**2nd row:** Slip 1. K3. \*K2. P2. Repeat from \* to last 4 sts. K4.

Repeat last row 26 times.

**29th row:** Slip 1. Knit to end of row.

**30th row:** Slip 1. K3. Purl to last 4 sts. K4.

Repeat last 2 rows until work measures 12½ inches, ending with purl row.

#### TO SHAPE ARMHOLES:

**1st row:** Slip 1. K3. K2tog. Knit to last 6 sts. K2tog. K4.

**2nd row:** Slip 1. K3. Purl to last 4 sts. K4.

Repeat last 2 rows 7 times. (72 sts. on needle).

Making no further decreases, work until pullover measures 21 inches, ending with knit row.\*\*

#### TO MAKE YOKE AND NECK OPENING:

**1st row:** Slip 1. Knit to end of row.

Repeat this row 9 times.

**11th row:** Slip 1. K18. Cast off 34 sts. loosely. K19.

**12th row:** Slip 1. K18. Cast on 34 sts. loosely. K19.

Work down Front to correspond.

**TO FINISH:** Work 1 row single crochet around neck. Join side seams for 12½ inches from lower edge.

### "V" Neck Sleeveless Pullover

(Assistance of editor of Lux knitting book)

**MATERIALS:** 10 ozs. double knitting wool, or heavy 4 ply. 1 pr. No. 8 Needles. (for tight knitters, No. 7 Needles).

**Tension:** 5 sts.=1 inch.

**BACK:** Cast on 88 sts. Work from \*\* to \*\* as given for Crew Neck Pullover, page 4, working 22 inches instead of 21 inches.

#### TO MAKE YOKE AND NECK OPENING:

**1st row:** Slip 1. K3. P16. K32. P16. K4.

**2nd row:** Slip 1. Knit to end of row.

Repeat these 2 rows 3 times.

**9th row:** Slip 1. K3. P16. K4. Cast off 24 sts. K4. P16. K4.

On one side now knit front:—(putting sts. for other side on stitch holder).

#### FRONT:

**1st row:** Slip 1. Knit to end of row.

**2nd row:** Slip 1. K3. Purl to last 4 sts. K4.

Repeat these 2 rows, increasing 1 st. in 5th st. from neck end every 4th row until there are 36 sts. on needle. End

with point of needle at neck edge. Break wool. Knit other side of front to correspond. Work all sts. on to one needle. Keeping border at armholes continue to work in Stocking st., but knitting plain the centre 8 sts. of first 4 purl rows to finish neck border. Work remainder of Front to correspond with Back.

**TO FINISH:** Join side seams for 12½ inches from lower edge.

### Service Scarves

(Courtesy of Patons & Baldwins Limited)

#### FOR THE NAVY—

**MATERIALS:** 4-ply Beehive Fingering or 4-ply Miss Canada Fingering. 11 ozs. Navy. Two No. 10 Knitting Needles.

**MEASUREMENTS:** Length 66 to 72 ins. Width 14 ins.

**Tension:** 7½ sts.=1 inch.

Cast on 96 sts. Knit 66 inches in plain knitting (Garter st.). Cast off.

**FOR THE ARMY—**Wool and needles as above, using Khaki instead of Navy.

**MEASUREMENTS:** Length 46 ins. Width 12 ins.

Cast on 76 sts. Knit 46 inches in plain knitting (Garter st.). Cast off.

### Steel Helmet Cap

(Courtesy of Patons & Baldwins Limited)

THIS CAP IS WORN UNDER THE STEEL HELMET AND IT IS MOST IMPORTANT THAT IT SHOULD BE VERY FINELY KNITTED AND OF VERY SOFT WOOL. PLEASE DO NOT USE ANYTHING BUT ANDALUSIAN WOOL FOR MAKING THIS CAP.

**MATERIALS:** 4-ply MISS CANADA ANDALUSIAN. 3 ozs. will make two caps. Two No. 11 Beehive Knitting Needles. 1/6 yd. Elastic, ¾ inch wide. **Tension:** (measured over Stocking st.) 8½ sts.=1 inch.

**ABBREVIATIONS:** St.=stitch. Inc.=increase. Ins.=inches. K=knit. P=purl. Cast on 9 sts. **1st row:** Inc. 1 st. in each st. to last st. K1. 17 sts. on needle. **2nd and alternate rows:** Knit. **3rd row:** \*K1. Inc. 1 st. in next st. Repeat from \* to last st. K1. 25 sts. on needle. **5th row:** \*K2. Inc. 1 st. in next st. Repeat from \* to last st. K1. 33 sts. on needle. **7th**



row: \*K3. Inc. 1 st. in next st. Repeat from \* to last st. K1. 41 sts. on needle.  
9th row: \* K4. Inc. 1 st. in next st. Repeat from \* to last st. K1. 49 sts. on needle. 11th row: \*K 5. Inc. 1 st. in next st. Repeat from \* to last st. K1. 57 sts. on needle.

Continue increasing in this manner, every alternate row, having 1 st. extra between increasings to 161 sts. on needle. (18 sts. between each increasing). Knit 17 ridges. Work now measures 2¾ ins. from last increasing at Back edge. Next row: K73. Cast off 15 sts. K73. Next row: K73. Leave remaining 73 sts. on spare needle. Proceed:

\*\*1st row: Cast off 3 sts. (Front edge). Knit to end of row. 2nd row: Knit. Repeat these 2 rows to 52 sts. on needle. Proceed:

1st row: Cast off 1 st. Knit to end of row. 2nd row: Cast off 6 sts. (Neck edge). Knit to end of row. Repeat these 2 rows twice. 31 sts. on needle. 7th row: Cast off 1 st. Knit to end of row. 8th row: Cast off 3 sts. Knit to end of row. Repeat these 2 rows to 3 sts. on needle. Cast off.\*\*

Pick up the 73 sts. from spare needle. Join wool at Front edge and repeat from \*\* to \*\*.

**The Face Band:** With right side of work facing, pick up and knit 118 sts. around front edge. Knit 4 rows Garter st. (plain knitting). Cast off.

**The Neck Band:** With right side of work facing, pick up and knit 38 sts. along one side of neck. Knit 4 rows Garter st. Cast off. With right side of work facing, pick up and knit 38 sts. along other side of neck. Knit 4 rows Garter st. Cast off. Sew to edges of Face Band. Press carefully, being careful not to flatten ridges. Sew Back seam.

**The Chin Strap:** Cast on 11 sts. 1st row: Knit. 2nd row: K1. Purl to last st. K1. Repeat these 2 rows for 9 ins. Cast off. Press and sew the two long edges together, on the wrong side. Turn the work inside out. Thread elastic through, sewing the end of elastic and the knitted short edges together. Sew the ends of the chin strap firmly to the joining seams of the Front and Neck bands.

### Ribbed Balaclava Helmet

**MATERIALS:** 3 ozs. Double knitting wool, or HEAVY soft 4-ply fingering wool. 1 set of 4 No. 9 Needles. Cast 88 sts. on 3 needles loosely. (32. 32. 24).

Work 7 inches ribbing (K4. P4). Cast off 28 sts. for face opening, and rib remaining sts. backwards and forwards for 1½ inches. Cast on 28 sts. to replace the 28 cast-off sts. Divide the sts. on 3 needles, 28 sts. on 1st (or face needle), and 30 sts. on both 2nd and 3rd needle. Work round and round in ribbing for 4½ inches.

**TO SHAPE TOP OF HEAD:** First needle: K1. K2tog. Knit to last 2 sts. on needle. K2tog. 2nd and 3rd needles: As first needle.

Repeat this round until 16 sts. remain in round.

**Last round:** First needle: (K2tog.) twice. 2nd and 3rd needles: K1 (K2tog.) twice. K1. Break wool, run end through remaining 10 sts. Draw close and darn in end securely.

### Rifle Mitts

**MATERIALS:** 4 ozs. heavy 4-ply, or double knitting wool. Set of 4 No. 11 Needles.

**MEASUREMENTS:** Width around hand at thumb, 8 inches.

Tension: 6½ sts.=1 inch.

**RIGHT-HAND MITT:** Cast 48 sts. on 3 needles loosely. (16.16.16). Work 3½ inches ribbing (K2. P2).

Next round: Increase 1 st. in every 12th st., making 52 sts. on needles. Work 6 rounds plain knitting.

Next round: (beginning thumb). P1. Increase 1 st. in next st. K1. Increase 1 st. in next st. K1. P1. Knit to end of round. Proceed:—

**First and 2nd rounds:** Knit plain, purling the purled sts. of previous round.

**3rd round:** P1. Increase 1 st. in next st. Knit to the 2 sts. before the next purl st. Increase 1 st. in next st. K1. P1. Knit plain to end of round.

Repeat the last 3 rounds until there are 16 sts. between the 2 purled sts.

Repeat first and 2nd rounds once.

Next round: K1. Cast on 4 sts. Slip next 16 sts. onto a thread and leave for thumb. Knit to end of round.

Work 13 rounds plain. Proceed:—

**FIRST FINGER:** Knit the first 6 sts. Slip all but last 12 sts. on to a thread. Cast on 2 sts. Knit the last 12 sts. Divide these 20 sts. on to 3 needles. Work 3 inches plain.

Next round: (K2tog) 10 times.



**Last round:** (K2tog) 5 times.  
Break wool. Run end through remaining sts. and fasten off securely.

**REMAINDER OF HAND:** Put next 8 sts. from thread on to first needle, the next 18 sts. on to 2nd needle and last 8 sts. on to 3rd needle. Pick up 2 sts. at base of first finger and put 1 st. on each of first and 3rd needles. Knit 22 rounds plain. Proceed:—

**First round:** K15. Slip 1. K1. p.s.s.o. (p.s.s.o. means pass slipped st. over the knit st. and off right-hand needle). K2. K2tog. K15.

**2nd and every alternate round:** Knit plain.

**3rd round:** K14. Slip 1. K1. p.s.s.o. K2. K2tog. K14.

**5th round:** K13. Slip 1. K1. p.s.s.o. K2. K2tog. K13.

**7th round:** K1. K2tog. K9. Slip 1. K1. p.s.s.o. K2. K2tog. K9. Slip 1. K1. p.s.s.o. K1.

**9th round:** K1. K2tog. K7. Slip 1. K1. p.s.s.o. K2. K2tog. K7. Slip 1. K1. p.s.s.o. K1.

**11th round:** K1. K2tog. K5. Slip 1. K1. p.s.s.o. K2. K2tog. K5. Slip 1. K1. p.s.s.o. K1. (18 sts. on needles).

Slip 3 sts. from 2nd needle on to first needle and remaining 3 sts. from 2nd needle on to 3rd needle. Graft sts. as given for toe of Heavy Duty Sock, see page 3.

**THUMB:** Knit the 16 sts. which were left for thumb, and knit up 3 sts. at base of thumb. Divide these sts. on to 3 needles and knit 2½ inches plain. (K2tog) 9 times. Finish as for First finger.

**LEFT-HAND MITT:** Work as given for Right-hand mitt until finger is reached.

**FIRST FINGER:** Knit the first 12 sts. Slip all but last 6 sts. on to a thread. Cast on 2 sts. Knit the last 6 sts. Work remainder of Mitt as given for Right-hand mitt.

## Gunner's Half Mitts

**MATERIALS:** 4 ozs. double knitting, or heavy 4-ply wool. 1 set of 4 No. 11 Needles.

Cast on 48 sts. on 3 needles loosely. (16.16.16).

Work 5 inches ribbing (K2. P2).  
Knit 4 rounds plain.

**TO START GUSSET FOR THUMB:**

**1st round:** P1. K2. P1. Knit to end of round.

**2nd round:** P1. Increase 1 st. in each of 2 knit sts. P1. Knit to end of round.

**3rd and 4th rounds:** P1. K4. P1. Knit to end of round.

**5th round:** P1. Increase 1 st. in next st. K2. Increase 1 st. in next st. P1. Knit to end of round.

**6th and 7th rounds:** P1. K6. P1. Knit to end of round.

Repeat these last 3 rounds but increase on first and last st. between purl sts. every 3rd round, thus giving 2 MORE PLAIN STS. to be knitted between purl sts. on the rounds between increasings, until you have 14 sts. between purl sts. for gusset.

Knit 1 round.

Now slip the 14 sts. between the purl sts. onto a thread and cast on 4 sts. between the 2 purl sts. (This forms space for thumb).

Knit plain around for hand on 50 sts. for 1¾ inches, knitting 2 sts. together twice in last round. (48 sts. on needles). Work 4 rounds ribbing (K2. P2). Cast off.

**THUMB:** Slip the 14 sts. from thread onto 2 needles. Pick up and knit 6 sts. across space where the 4 sts. were cast on. (20 sts. on needles. 7.7.6). Knit plain for ¾ inch, then work 4 rounds ribbing (K2. P2). Cast off. The ribbing can be sewn together to form finger spaces if desired.

